



# LOCHGREEN SPA

## *Spa Treatments*

# MATIS

PARIS

BEAUTY EXPERT SINCE 1936

MATIS the ever evolving and permanently professional brand believe in the philosophy of Skin, Science and Senses. The powerful performance behind the products are determined by advanced ingredients creating unforgettable experiences.

### MATIS FACE TREATMENTS

\*Receive a Konjac Facial Sponge as a gift to complement your facial.

**Hydra-Nutri Expert\*** 50mins £65

An outstanding facial with a powerful source of hydration to re-plump the skin, smooth and comfort.

**Densi-Age Expert\*** 80mins £110

This exceptional facial experience blends collagen and elastin to renew tonicity and elasticity, restoring radiance and a unified skin texture.

**Premium Activ'Kaviar\*** 90mins £125

A precious treat for all skins, the protein rich components re-change the skin back to life delivering revitalisation and nutrition.

### MATIS BODY TREATMENTS

**MatiSpa Body Exfoliation** 30mins £45

A Soft, Medium or Intense Scrub stimulate cell renewal for glowing skin.

**MatiSpa Body Wrap** 60mins £75

An entire body scrub and envelopment rich in Omega 3 and 6, Inca Inchi Oils and Cranberry to nourish, protect and promote youth to skin.

**MatiSpa Massage** 75mins £90

These whole body massages use luxurious balms along-side expert techniques to achieve desired specific effects. Choose from Age, Detox, Relax or Slim.

**MatiSpa Experience** 160mins £165

MatiSpa Body Exfoliation and Wrap plus MatiSpa Massage

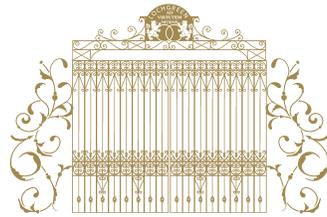
**Total MatiSpa Experience** 190mins £195

MatiSpa Body Exfoliation and Wrap, MatiSpa Massage plus Matis Hydra-Nutri Facial

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## THALGO

LA BEAUTE MARINE

THALGO a pioneer in marine scientific research and patented active formulas to boost circulation, detoxification and remineralisation. Vital for well-being; the powers of the sea are renowned for enhancing healing and re-balancing of the body whilst being gentle on the skin.

#### THALGO FACE TREATMENTS

**Discovery Facial** 30mins £45  
An instant infusion of marine active ingredients to replenish and refresh the skin and revive the senses.

**Lochgreen Bespoke Facial** 60mins £65  
Perfectly personalised this in-depth facial corrects any concerns, balances and restores the skin to natural normality.

**Collagen Radiance Facial** 60mins £75  
Plump out the first signs of ageing with a collagen boost, allowing intensive rehydration, boosting brightening and radiance.

**Hyaluronic Smooth and Fill Facial** 60mins £80  
Designed for the over 35's to correct the signs of ageing. Replete the Hyaluronic Acid that has been lost leaving lines less pronounced and complexion glowing.

**Silicium Super-Lift Facial** 75mins £85  
Defy time with this lifting and recontouring face and neck treatment which minimises lines and restores youth.

#### THALGO BODY TREATMENTS

**Marine Body Ritual** 60mins £60  
Marine extracts restore comfort to dry skin. The ritual incorporates a deeply nourishing body wrap followed by a relaxing scalp and body massage concentrating on hands and feet.

**Polynesian Spa Ritual** 90mins £100  
(Seasonal – Spring/Summer)

An exotic sensorial body ritual inspired by Polynesia. Beginning with a luxurious foot soak and smoothing body scrub, followed by a rhythmic full body massage with warm sand pouches and completed with an application of iridescent oil.

**Indoceane Spa Ritual** 90mins £100  
(Seasonal – Autumn/Winter)

An intoxicating body ritual, encompassing age-old Egyptian traditions. Beginning with a precious foot soak and softening body exfoliation, then an Ayurvedic body massage and silky body wrap harnessing powers of relaxation.

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# LOCHGREEN SPA

## Spa Treatments



Jessica is a custom spa range which analyses the nail and prescribes specific treatments to strengthen natural nails, making them more resilient as nature intended. Treatments marked with \* Receive a hand bag sized polish of your choice as a gift.

### FINISHING TOUCHES

<b>Tidy and Polish*</b>	25mins	£25
<b>Prescriptive Manicure*</b> An intensive treatment for the hands including exfoliation, massage, nail shaping, cuticle work and application of nail polish to finish.	40mins	£45
<b>Deluxe Manicure*</b> All the benefits of the prescriptive manicure including a mask and heated mittens to soften, smooth and soothe.	55mins	£50
<b>ZenSpa Pedicure*</b> A lavish yet thorough treatment for the feet including hard skin removal, exfoliation, massage, cuticle work, refining nails and application of polish.	55mins	£55
<b>Deluxe Pedicure*</b> All the benefits of the ZenSpa pedicure including a mask and heated booties to relax, rehydrate and relieve tired feet.	70mins	£65
<b>GEleration Tidy &amp; Polish</b>	40mins	£35
<b>GEleration Manicure/Pedicure</b> A soft gel applied to nails like a polish but with no drying time, this high gloss armour protects natural nails with durability for up to two weeks.	60mins	£50/£60



Mii Make-Up is new and innovative with skin loving formulas, a 100% pure mineral line and tailored precision brushes to give every skin type confidence.

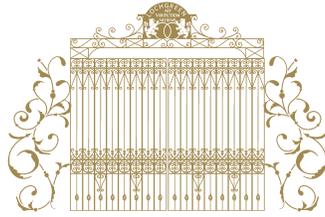
<b>Eyes on Mii</b>	25mins	£20
	Smokey or Subtle	
<b>Touch of Colour</b>	25mins	£20
	Less is More	
<b>Treat Mii</b>	55mins	£45
	Full Flawless Face	
<b>Marry Mii</b>	55mins	£80
	Trial and Wedding Day	
<b>Kissed by Mii tanning</b> is enriched with mineral extracts and coastal flowers to replenish and nourish whilst giving natural, instant colour. The body is exfoliated and moisturised pre-tan ensuring optimum results.		
<b>Full Body</b>	40mins	£30
<b>Half Body</b>	25mins	£20

**WAXING** ranging from 15mins £10.00  
\*Waxing packages are available on request

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# LOCHGREEN SPA

## *Spa Treatments*

### CLASSIC TREATMENTS

Tailored to your needs, these massage treatments can be adapted to your personal preferences.

Full Body Massage	60mins	£75
Back, Neck and Shoulder Massage	25mins	£35
Shoulder, Neck and Scalp Massage	25mins	£30
Reflexology	40mins	£45
Hot Stones	15min	£15

These warm therapeutic stones upgrade any classic treatment to assist in alleviating tension and muscular aches.

### GREAT FOR GENTS

<b>Thalgo Deep Cleanse Facial</b>	60mins	£65
Active marine ingredients pack a power punch to the skin to rehydrate and revive. Muscles are relaxed and complexion refreshed and refined.		
<b>Matis Anti-Fatigue Facial</b>	80mins	£95
Targeting anti-ageing this thorough facial treatment renews and redefines contours for maximum lifting results.		
<b>Golfers Massage</b>	90mins	£100
Perfect to loosen up before or after a day on the course. A rejuvenating deep-muscle body massage, with the option of hot stones to release the build-up of tension focusing on key areas and realignment.		
<b>Gents Manicure</b>	25mins	£30
A relaxing hand treatment including cuticle and nail tidy.		
<b>Gents Pedicure</b>	40mins	£45
An invigorating foot treatment including hard skin removal and nail tidy.		

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LOCHGREEN  
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## *Lochgreen Spa Breaks*

All break prices are per person inclusive of a 3 course Dinner in The Kintyre, Bed & Breakfast.

### **Complete Comfort 1hr - £195**

Choose between the Lochgreen Bespoke Facial or Marine Body Ritual. Either of these will help you on the way to a clearer mind, calmer spirit and complete relaxation.

### **Evening Serenity 1hr - £220**

Choose from any of our Thalgo facial treatments followed by a delicious Afternoon Tea

### **Girls' Night In 1hr 45mins - £220**

The perfect night in! Enjoy a manicure and pedicure to ensure quality time together. An optional taster plate instead of dinner can be ordered with a selection of DVD's to watch in the comfort of your room.

### **Relaxation Retreat 3hrs - £295**

Relax and revitalise with a top-to-toe Total Matispa Experience before taking time to unwind within our relaxation area with a view. Here you can put your feet up and let the treatments do their work.

### **Ultimate Unwind 1hr 15mins - £225**

Treat yourself to a bespoke aromatherapy full body massage incorporating hot stones to ease away tensions of the body & mind.

**Treatment choices may be substituted for others similar in price.  
Please contact the Spa for more details.**

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*Packages*

All packages are priced per person & are inclusive of a Two Course Light Lunch  
or Afternoon Tea served in the Brodick.

**Awaken the Senses 1hr - £90**

Aromatherapy Back, Neck & Shoulder Massage plus Express Hydra Nutri Facial

**Bridal Bliss 2.5hrs - £180**

Thalgo Collagen Radiance Facial, Geleration Manicure and Geleration Pedicure

**Heart of the Ocean 2hrs - £130**

Marine Body Ritual and Lochgreen Bespoke Facial

**Pre-Natal Pampering 2.5hrs - £160**

Matis Hydra-Nutri Facial or MatiRelax Massage, followed by Deluxe Manicure or Deluxe Pedicure

**Sheer Indulgence 3hrs - £210**

Use of Double Room with Jacuzzi, Matispa Massage plus Matis Activ'Kaviar Facial

**Tranquility for Two 2hrs - £115**

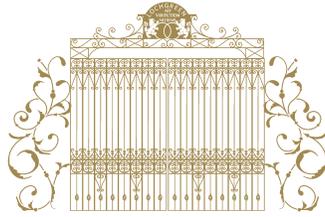
Use of Double Room with Jacuzzi followed by a Thalgo Seasonal Spa Ritual

**We can bespoke any combination of treatments into package  
to suit your every need.**

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## LOCHGREEN SPA

*Making the most of your time in the Spa*

### **PRE-BOOKING**

To schedule an appointment for your perfect treatment, it is best to book as far in advance as you can to avoid disappointment. To secure your booking credit card details may be requested. Any dietary requirements or medical conditions should also be advised at time of booking.

Confirmation of your booking along with additional pre-arrival information will be emailed to you.

We recommend you arrive 30 minutes prior to your first treatment in order to familiarise yourself with the facilities.

### **FACILITIES**

We provide lockers, robes, slippers and hairdryers for your convenience. Each treatment suite is equipped with a private shower for you to refresh pre, or post treatment. If you are staying in the hotel you may wish to arrive in your guest robe to help with your continued relaxation.

### **SPA ETIQUETTE**

To ensure that our guests can relax and enjoy the peaceful surroundings, we ask that you please refrain from using your mobile phone and that it is set to silent mode.

Post treatment, we allow 30 minutes in our relaxation area which has luxurious loungers, plentiful magazines and complimentary beverages for you to enjoy.

### **CANCELLATION**

We ask that you give a minimum of 48 hours notice of cancellation where no charges will apply.

A 100% charge will be incurred for any treatments cancelled less than 48 hours in advance.

Late arrivals will only receive the remaining available appointment duration but shall be charged at full service fee.

### **GIFT VOUCHERS**

Spa Vouchers can be purchased through the Spa.

Costley & Costley vouchers are redeemable against any treatment, package or products.

### **NEWSLETTER**

Sign up to our newsletter – [www.lochgreenhouse.com](http://www.lochgreenhouse.com)

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